

THERMAL WORLD(S)



**ALPEN THERME
GASTEIN**

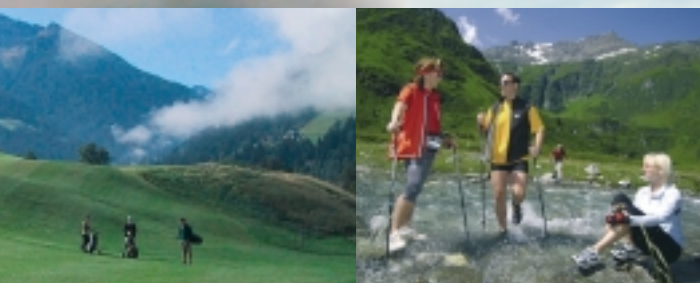
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& THER



WORLD FAMOUS VALLEY THERMAL WORLD(S)



EXPERIENCE THE NEW DIMENSION OF RELAXATION

Famous for its medical achievements – renowned for its recreational facilities.

This is how the popular Gastein valley welcomes its visitors at any time of year. Together, the valley's leisure worlds and the worlds of the Alpen Therme offer a variety of recreational options that is unique in the world.



The Alpen Therme Gastein – located in Bad Hofgastein – features six health, recreation and adventure worlds within 32,000 sq.m. with a unique 360° panoramic view of the glaciers and mountains of the Hohe Tauern National Park.

You are also **WELCOME** to our new sauna world with its refreshing mountain lake, to the multimedia adventure dome and the glassed-in Sky Bar.



GETTING INTO DEEP WATERS

... will happen often enough in your daily life. In a different and much more relaxing context, you may do so in our recreation and health area. Immerse yourself

pleasurably and just float around in the pools. Feel the pleasant warmth of the Gastein thermal waters wash around you – either caressing you gently in the resting pool or invigorating you in the activity pool. The hot mineral spring basin restores your energy levels. Geysers and fountains symbolise archaic forces. Air bubble beds, water massages, resting zones, a sunbathing lawn and an athletic pool for the more active swimmers will help you get the feeling of complete „well-being“ ...



FUN FOR KIDS



Around the 15 meter high dome the attractions abound: the fast-paced speed slide, the black-hole-rafting slide and a leisurely float in the lazy-river flow channel. High above in the cupola of the multimedia adventure dome you can watch the fascinating light and video projections. Parents with toddlers will



also find a place to relax: wading pool, diaper changing area, recreational zones with a view of the pool and a play room with cinema.

SOME LIKE IT HOT

Heat up and cool down. The masterly game of contrasts.

Experience the elements skin-deep. Various sauna chambers with different temperature ranges, an infrared cubicle, steam baths, the „Laconium“ and a sauna with coloured lighting are yours to enjoy. Mountain lakes and relax pools make sure that you can cool down or just take it easy. The comfortable recliners and beds let you enjoy a breath-taking view of the Alpine scenery.





A WORLD
IN ITSELF



An „exclusive“ retreat for ladies in every sense of the word. In this feminine refuge women are pampered with a variety of beauty services: facials and body treatments, massages, solarium, a separate sauna area, exclusive sunbathing terraces



and a tea bar. Ladies enjoy and stay among themselves ...

ARCHITECTURE OF
WORLD STANDING





CHEERS BON APPETIT

Delicious small snacks and a light wellness cuisine is available from our cafe/restaurant with outdoor terrace. But

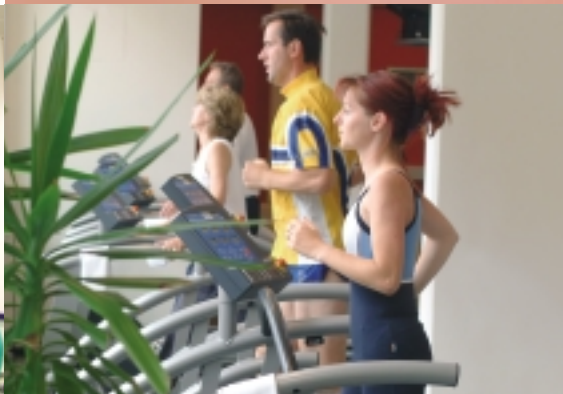
you do not come here solely for the culinary treats and healthy refreshments at the tea and vitamin bars, but also for the view of the terrific Alpine panorama. The view is even better from the roof-top Sky Bar, one of the new "In" spots in the Gastein valley.



GET INTO THE SHAPE OF YOUR LIFE



The fitness centre with its outside access can be used without visiting the thermal centre. It combines a pleasant ambience and state-of-the-art equipment. Everything from the latest fitness trends such as „Pump“ to Tai-Chi and Qi-Gong as well as relaxation and stretching is available here. The new centre of sports medicine offers health checks, performance testing

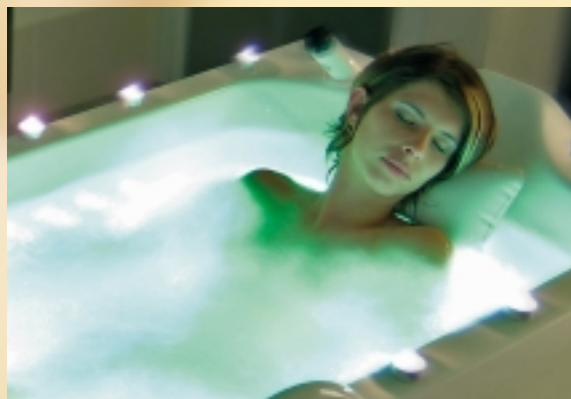


and individual consultation on training for both amateurs and top athletes.

SIMPLY BEAUTIFUL FOR HER & HIM

Our beauty residence has its own separate access. Here you may expect an ambience of well-being exuding an unmis-

takable charm. In spacious premises our staff offers much more than standard beauty treatments. „Specialties à la maison“ are baths in the Caracalla-tub, soap lather and Pantai-Luar-massages on the Hamam bench, Chi Yang facials as well as Cleopatra soft packs in a waterbed at the perfect temperature. Great for her and for him ...



WHAT A RELIEF



For decades, Gastein has enjoyed an excellent reputation as a spa. The reconstruction of the Gastein Alpen Therme constitutes another step towards establishing the Gastein valley as a wellness destination. The mix of facilities is the best guarantee for a holistic approach to a successful cure: thermal centre and classical physiotherapy, the modern performance and fitness testing procedures of sports medicine, an optional

trip to the unique Gastein thermal gallery as well as access to outstanding training facilities.

SKIING IN GASTEIN: MOUNTAIN HIGH IN

FROM THE SLOPES TO THE THERMAL POOLS: THE PERFECT APRES- SKI EXPERIENCE

What could be better after an exhilarating day on the slopes than winding down and relaxing in the wonder worlds of the Alpen Therme?

Gastein fascinates skiers with spacious ski areas including the high alpine slopes of Sportgastein at 2,700 m elevation. This altitude and modern snow-making equipment ensure good skiing conditions until the beginning of May.

The Gastein valley features more than 200 km of well-groomed runs and if that does not satisfy your appetite, there is more: Gastein belongs to Austria's largest skiing network Ski amadé with a total of 860 km of runs and 270 lifts.

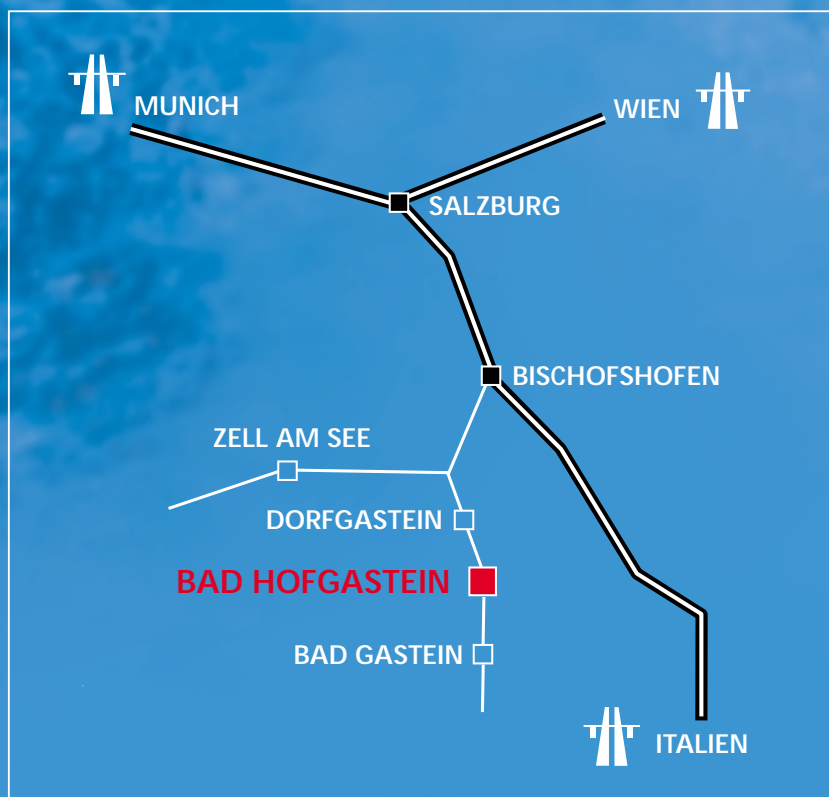




THE ALPS



SKIGASTEIN



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Ski, Berge & Thermen.

GASTEIN

SalzburgerLand
Ein kleines Paradies

